



Marfan syndrome requires specialized units

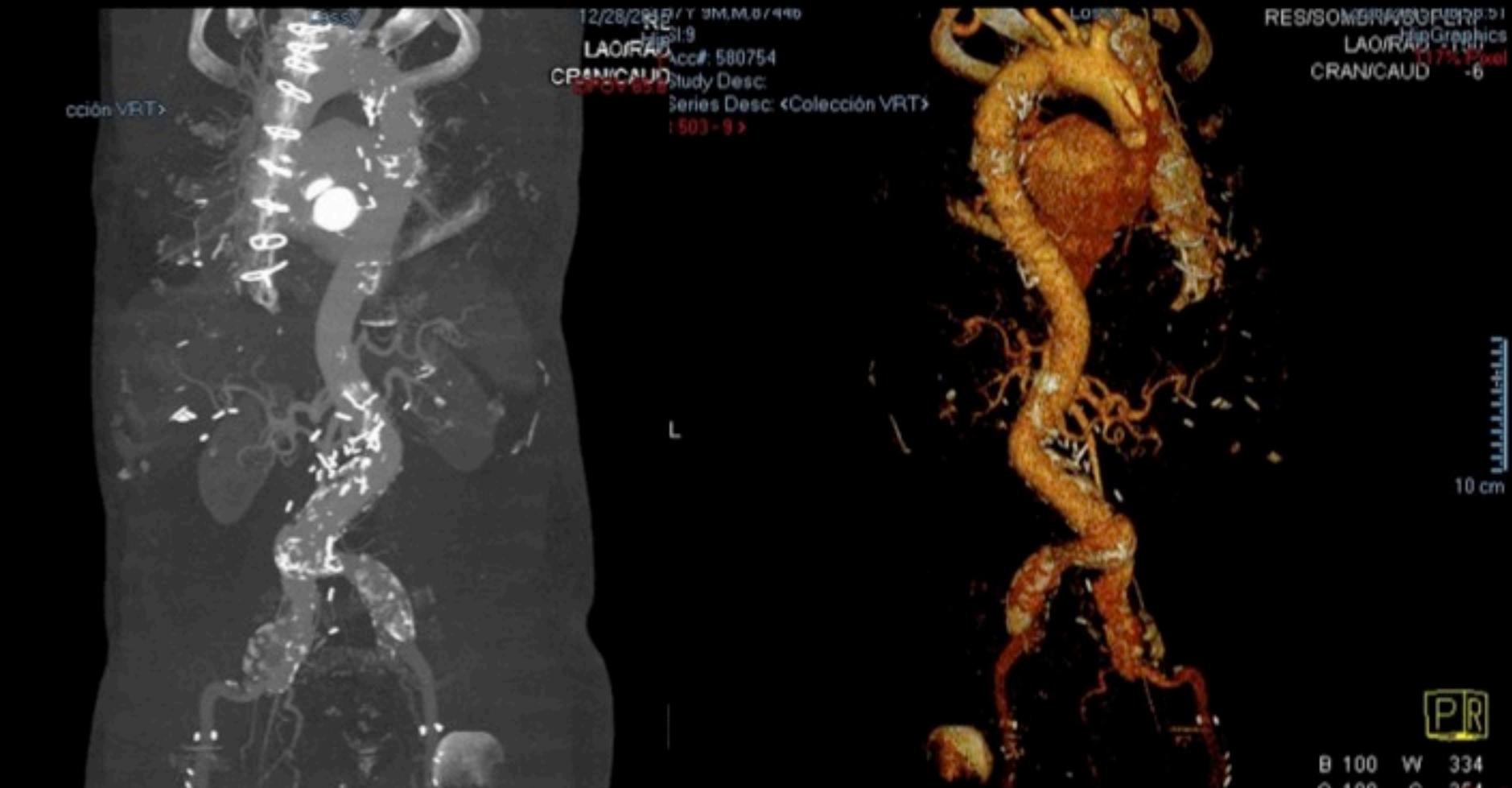
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Marfan S. Unit

**Hospital Clínico Universitario
Virgen de la Victoria. Málaga**



What is the clinical evolution of a survivor patient after aortic dissection with undiagnosed Marfan syndrome?



23 y 1991 Dissection/aneurysmatic dilatation of TA aorta: replacement of valve - ascending aorta
1999 descending aortic replacement
1999 infrarenal aortic replacement
2006 re-composite replacement of aortic valve and aorta
2008 mitral valve replacement; Severe MR (prolapse)
2015 (Pr. Shaefers) Thoracoabdominal aortic replacement
47 a 2017 Waiting iliac replacement (alive today)





**Needs for optimal management of patients with
Marfan syndrome and other hereditary, syndromic or
non-syndromic aortic diseases**

AFTER > 600 patients since 2010

Needs for optimal management of patients with Marfan syndrome and other hereditary, syndromic or non-syndromic aortic diseases

EXPERIENCE after 600 p

1. Clinical diagnosis (at different ages)

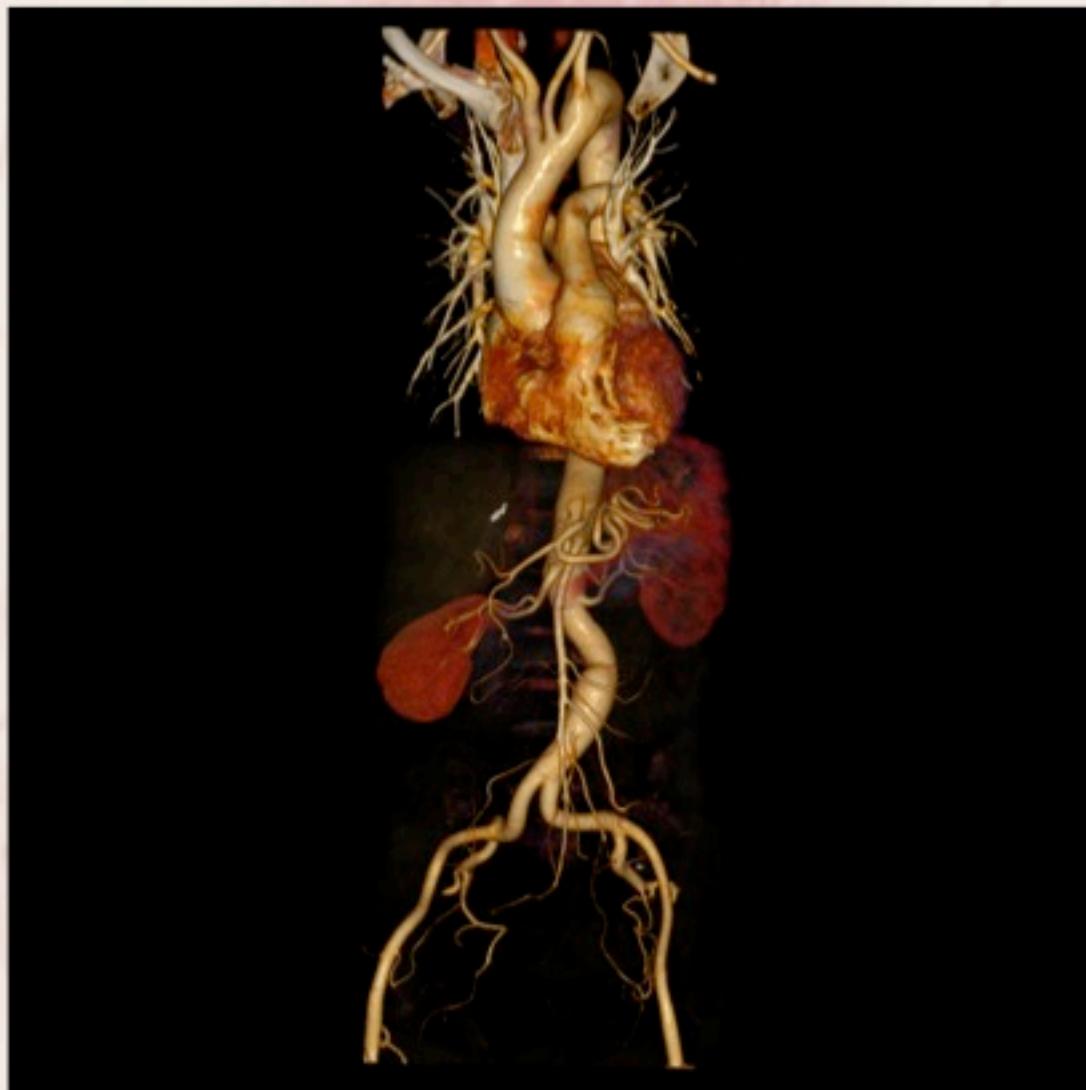
Characteristic	Marfan syndrome	Congenital contractural arachnodactyly* ^{2,57}	Type I Loeys-Dietz syndrome ^{14,52}	Type II Loeys-Dietz syndrome ^{14,52}	Ehlers-Danlos syndrome (vascular or type IV) ³⁹	Shprintzen-Goldberg syndrome ⁵⁸	Arterial tortuosity syndrome ^{59,60}
Phenotype	Skeletal manifestations, ectopia lentis, aortic aneurysms and dissection, dural ectasia, skin and pulmonary involvement	Dolicoostenomelia, arachnodactyly, scoliosis, multiple joint contractures, crumpled ears, no ocular manifestations, mild and nonprogressive aortic dilatation	Hypertelorism and craniosynostosis, cleft palate and/or bifid uvula, arterial tortuosity and aneurysms	Absence of facial manifestations, except for bifid uvula, similar to type IV Ehlers-Danlos Syndrome (easy bruising, visceral fragility or rupture, etc)	Easy bruising, thin, translucent and velvety skin, joint hypermobility, spontaneous visceral rupture, obstetrical complications, characteristic facial appearance	Craniostenosis, severe exophthalmos, maxillary and mandibular hypoplasia, low-set ears, arachnodactyly, abdominal hernias, mental retardation	Tortuosity of aorta and large arteries, localized arterial stenoses, hernias, joint laxity, elongated face
Genes known to be mutated	FBN1 and TGFBR2	FBN2	TGFBR1 and TGFBR2	TGFBR1 and TGFBR2	COL3A1	FBN1	SLC2A10
Prevalence	1 in 3,000–5,000	Unknown	Unknown	Unknown	1 in 25,000 (type IV accounts for 4% of cases)	Unknown	Unknown
Inheritance	AD	AD	AD	AD	AD	AD	AD
Pathophysiology	Altered synthesis of fibrillin-1 and increased TGF-β signaling	Altered synthesis of fibrillin-2	Increased TGF-β signaling	Increased TGF-β signaling	Abnormal synthesis of type III collagen	Altered synthesis of fibrillin-1	Deficiency of glucose transporter (GLUT10) and increased TGF-β signaling
Diagnosis	Ghent criteria ± genetic testing	Clinical assessment ± genetic testing	Clinical assessment ± genetic testing	Clinical assessment ± genetic testing	Clinical assessment (Villefranche criteria), biochemical diagnosis or genetic testing	Clinical assessment ± genetic testing	Clinical assessment ± genetic testing
Prognosis	Median survival if treated = 70 years	Not well established; normal lifespan unless cardiovascular problems arise	Median survival = 37 years; mean age at death = 26 years	Median survival = 37 years; mean age at death = 26 years	Median survival with no treatment = 48 years; high risk of surgical complications	Not well established	Not well established
Treatment	β-B/ARBs; surgery ⁶ if diameter ≥ 50 mm or rapid progression of dilation	Physical therapy, cardiovascular monitoring on yearly basis	β-B/ARBs; surgery ⁶ if diameter ≥ 40 mm	β-B/ARBs; surgery ⁶ if diameter ≥ 40 mm	Surgery ⁶ if diameter ≥ 40 mm	Cardiovascular monitoring and prophylactic surgery if dilated; treatment.	Vascular surgery if needed

Needs for optimal management of patients with Marfan syndrome and other hereditary, syndromic or non-syndromic aortic diseases

EXPERIENCE after 600 p

- 1. Clinical diagnosis (at different ages)**
- 2. Efficient use of imaging techniques**

Efficient use of imaging techniques

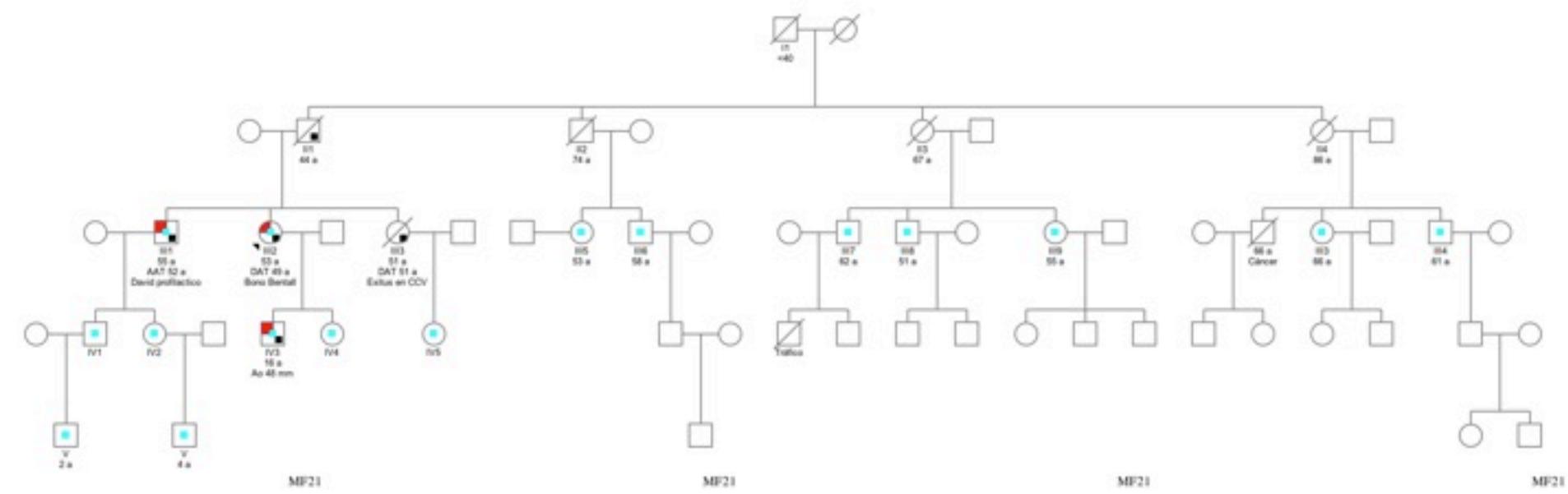


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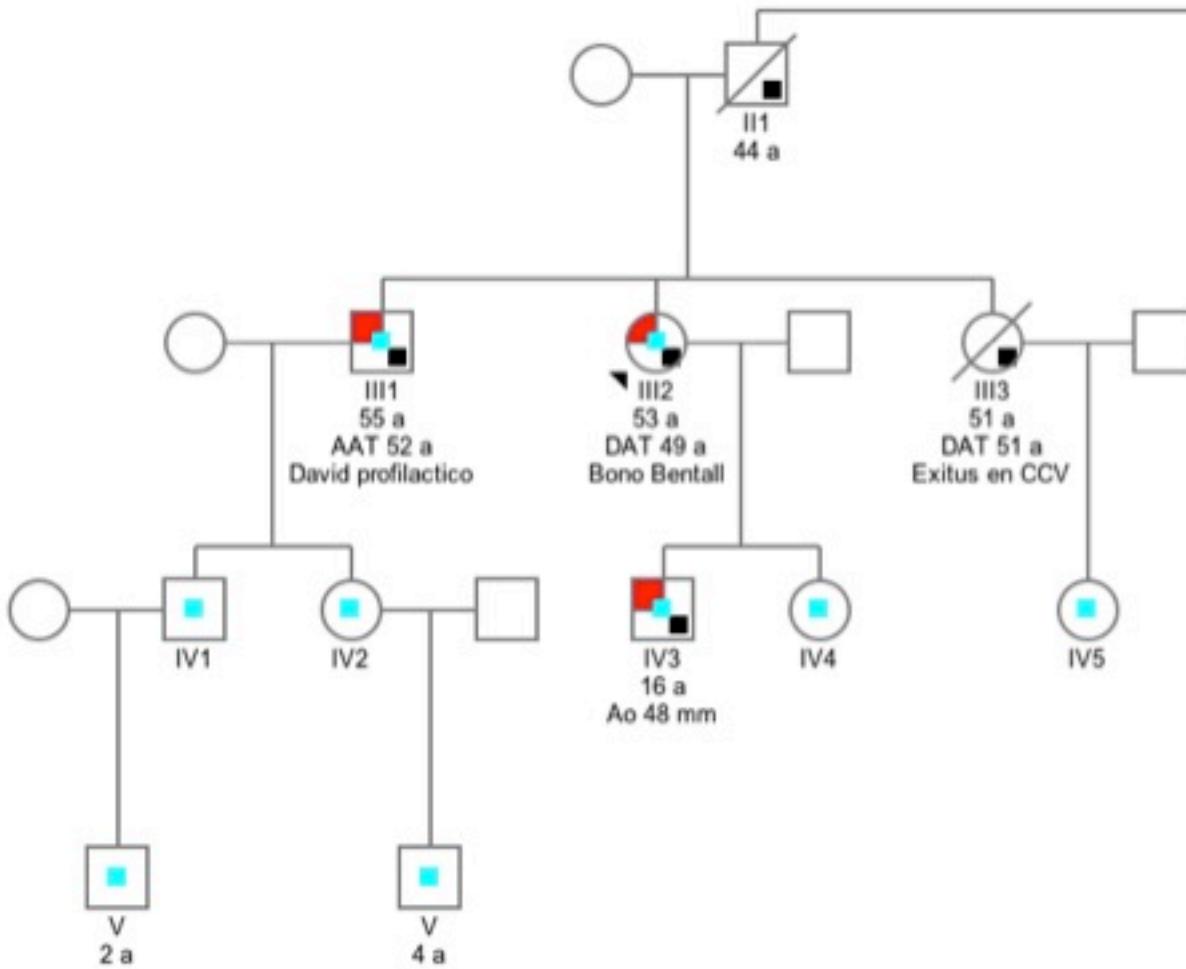
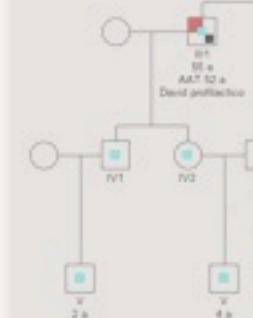
EXPERIENCE after 600 p

- 1. Clinical diagnosis (at different ages)**
- 2. Efficient use of imaging techniques**
- 3. Advanced knowledge in genetics**

AATFNS



AATFNS



MF21

AAT = Ansiedad de aorta torácica; BB = Bono-Bental; CIACB = Comunicación interasistencial tipo catatum secundum; DAL = Distancia adictiva ligera; DCE = Diátesis-cognición-emociones; Del = Delirio; DTA = Diátesis tipo A; BTB = Diátesis tipo B.

Sequence	Run	Date/10	L/T95001-E	μ T9511	ΔT_{95} deg K	No	No	1	10	10	ANT (Glossy-R)	SI	No	
100000	Run	Date/10	L/T95001-E	μ T9511	ΔT_{95} deg K	None	No	1	10	10	No	No	No	ANT (SI R)
100000	Run	Date/10	L/T95001-E	μ T9511	ΔT_{95} deg K	None	No	1	10	10	No	No	No	ANT (SI R)

**Of the variants in our Unit,
57.14% were reported
for the first time in our patients**

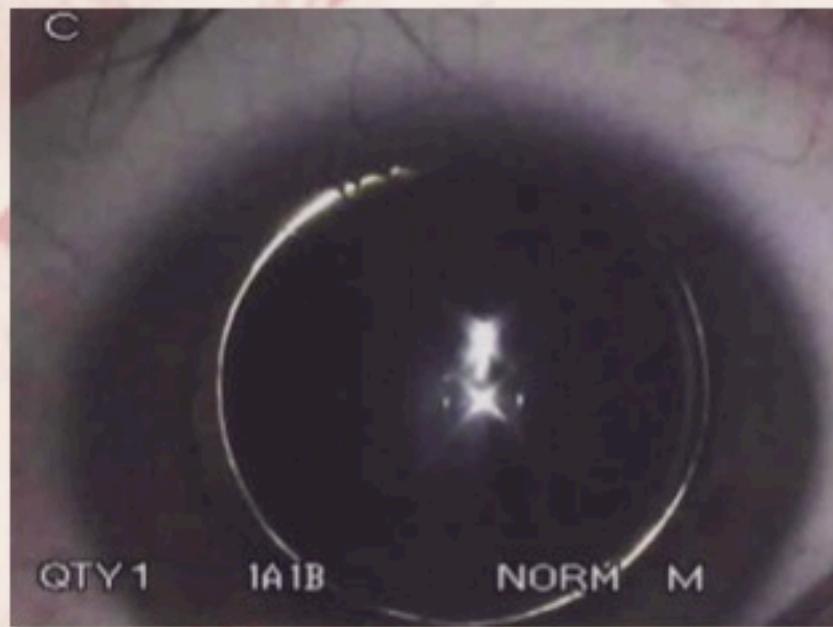
- Patients with truncating mutations present a greater number of aortic events (47.1 vs 14%)
 - The genetic findings are therefore important in the risk stratification and clinical management of patients with suspected MFS

Needs for optimal management of patients with Marfan syndrome and other hereditary, syndromic or non-syndromic aortic diseases

EXPERIENCE after 600 p

1. Clinical diagnosis (at different ages)
2. Efficient use of imaging techniques
3. Advanced knowledge in genetics
- 4. Medical management including those of associated pathologies**

Medical treatment, and....

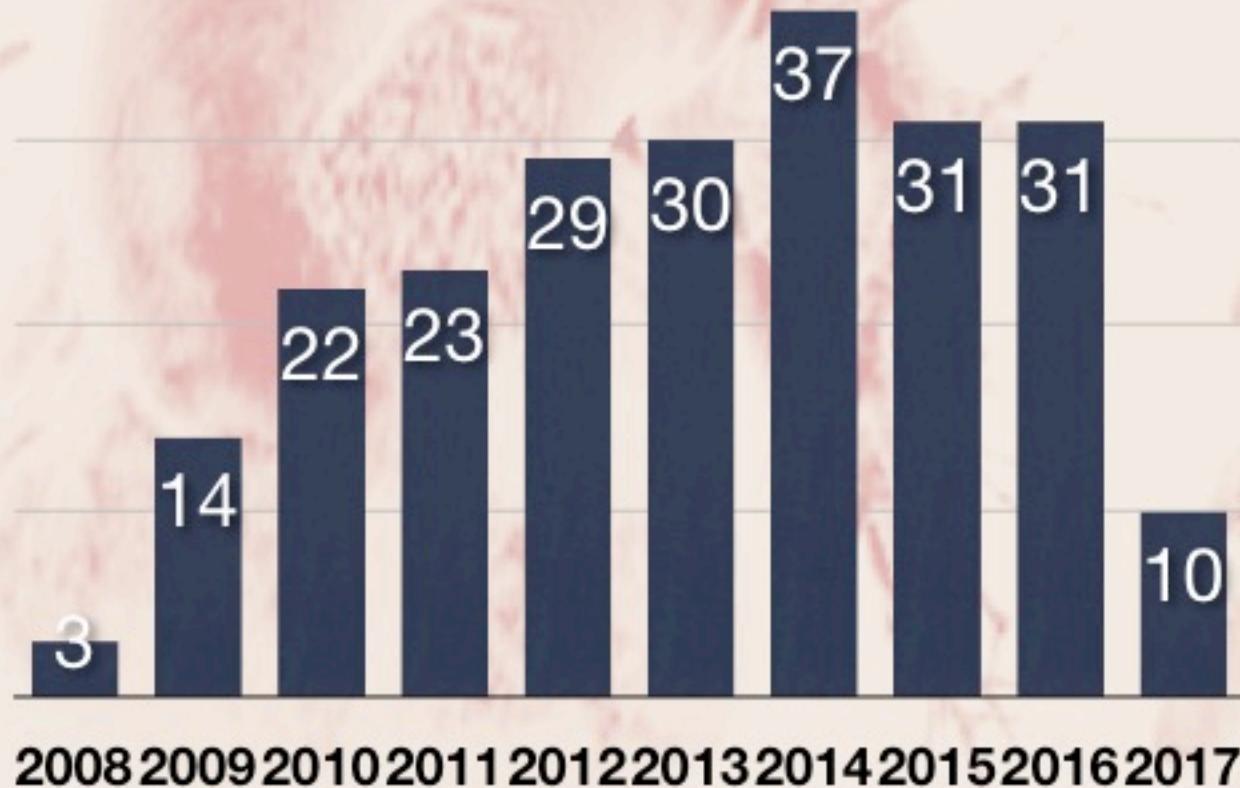


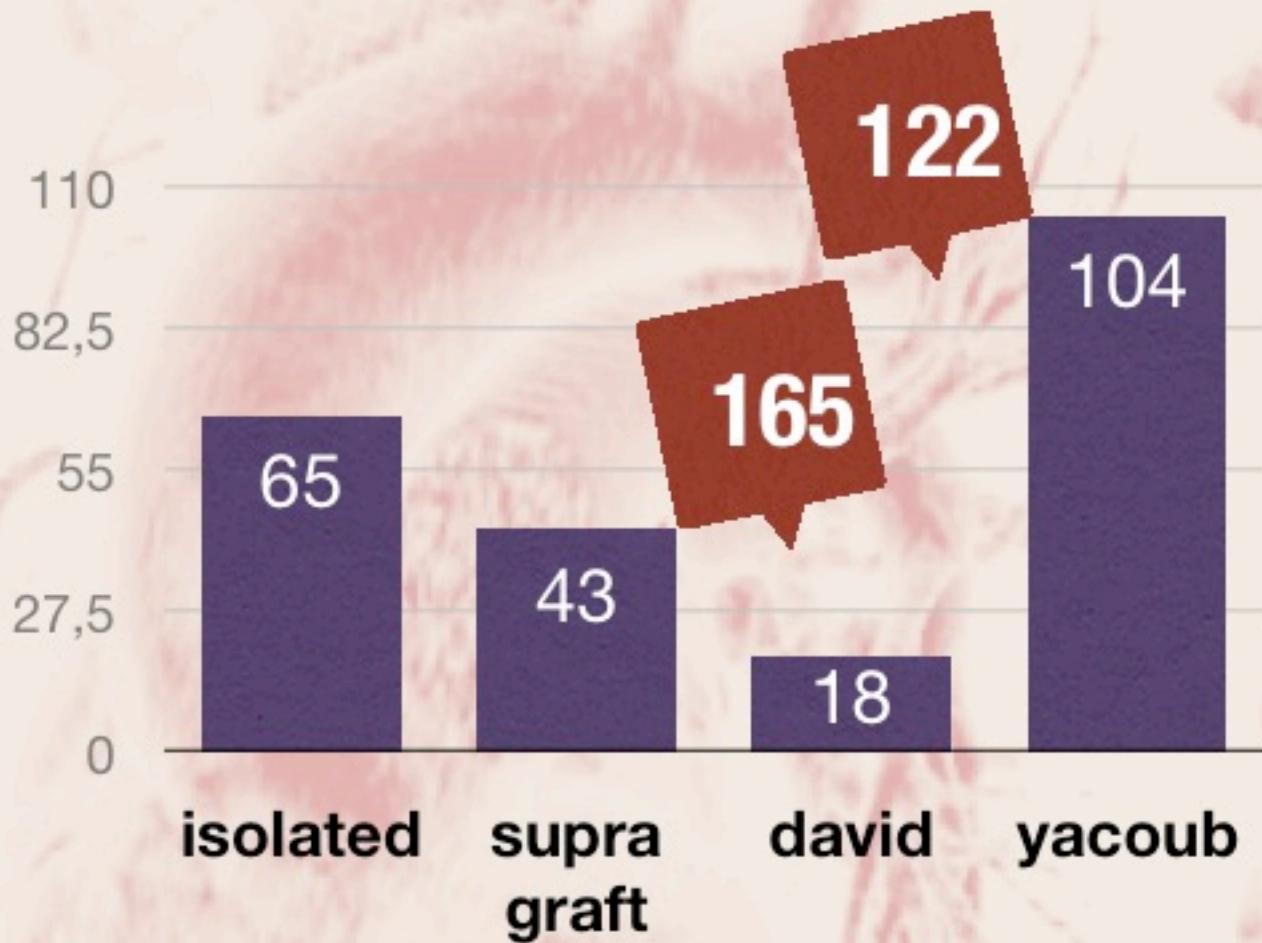
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EXPERIENCE after 600 p

1. Clinical diagnosis (at different ages)
2. Efficient use of imaging techniques
3. Advanced knowledge in genetics
4. Medical management including those of associated pathologies
5. **Prophylactic surgical management and complications in survivors of aortic dissection**

November 2008 → March 2017
230 pts





*21 patients with MFS
(DAVID/YACOUB preventive)

**Marfan syndrome requires
specialized units because needs for optimal
management of patients**

EXPERIENCE

- 1. Clinical diagnosis**
- 2. Efficient use of imaging techniques**
- 3. Advanced knowledge in genetics**
- 4. Medical management including those of associated pathologies**
- 5. Prophylactic surgical management and complications in survivors of aortic dissection**

Malaga Valve 2017

A journey into contemporary heart valve therapies

29-31 March 2017

Hotel NH Malaga
Calle San Jacinto, 2
Malaga

Thanks!

